

THE ABC'S OF SAFETY

Attitude, Behavior, and Control



A safe attitude means staying alert and focused on the job at hand.

Safety is more than just following your company's guidelines while on the job. Safety is actually a combination of safe attitude, behavior, and control both on and off the job.

Attitude means your frame of mind—the way in which you approach a given situation. Behavior means what you do about it—how you react to a situation. Control refers to making your surroundings—where you do what you do—safe. Safe attitude, behavior, and control add up to a safer, more productive you.

Attitude

When it comes to safety, attitude isn't exactly *everything*, but it's darn near close. A safe attitude means staying alert and focused on the job at hand, taking safety guidelines and practices seriously, never horsing around on the job, and not



Safe behavior means taking safety guidelines and practices seriously.

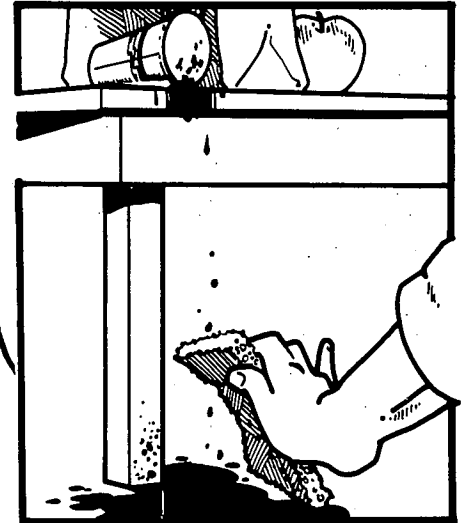
letting emotions like anger and frustration get in the way of job performance.

Behavior

How you react to a situation is an important part of being safe. Following established safety guidelines and procedures, refusing to take "short-cuts," using personal protective equipment, asking questions when you need more information about the task at hand—all of these are safe behaviors. Safe behavior also means helping friends, coworkers, and family members understand the importance of safe practices at work, home, or play.

Control

Control means taking responsibility for making your worksite, home, or recreational facility a safe place to be. You can help keep your sur-



Control means taking responsibility—keep your work area clean and orderly.

roundings safe from potential hazards by keeping them clean and orderly. Keep machines in good repair, clean up spills and debris (or report them to the appropriate person), and make sure that walkways are free from obstacles. Store chemicals properly (both at home and on the job) and never switch containers. At work, be sure to report faulty equipment, ventilation, or any potential hazards to your supervisor.

ABC's—Easy As 1-2-3

Attitude, behavior, and control are the three most important (and perhaps the simplest) aspects of personal safety both on and off the job. Take a moment to review your safety ABC's to see if you're doing all you can to protect yourself, your coworkers, and your loved ones from careless, needless, injury. 